

## SIMMONS FARM RAISED CATFISH

## Roasted Delacata Steaks with Garlic Compound Butter



## **INGREDIENTS**

ROASTED GARLIC COMPOUND BUTTER

4 cloves garlic, peeled

2 tbsp olive oil

1 lb unsalted butter, softened

1/2 medium red onion, finely minced

1 medium shallot

1 tsp kosher salt

1 tsp freshly ground black pepper

**CATFISH** 

2 7- to 9-ounce Delacata fillets

1 tbsp olive oil

Kosher salt

Freshly ground black pepper

1 thsp Roasted Garlic Compound Butter

Prep Time: 30 m Cook Time: 12 m Ready in: 32 m Servings: 2

- 1. Preheat oven to 350° F. Place garlic in small ovenproof bowl and drizzle with olive oil. Cook in oven for 15 minutes or until soft. Remove and allow to cool.
- 2. Place remaining compound butter ingredients in food processor; pulse until smooth. Place in airtight container until needed.
- 3. Preheat oven to 425° F. Place medium-size skillet in oven for 10 minutes to heat.

- 4. While skillet is heating, sprinkle fillets with salt and pepper and set aside.
- 5. Remove hot skillet from oven. Carefully add oil; then add fillets presentation-side up. Return skillet to top rack of oven and roast 12 minutes or until done.
- 6. Top with compound butter just before service.